

USTA Adult League FAQs
www.ustanorcal.com

1. How long does USTA last?
Typically, the season runs from January until July, though dates vary.
2. Where would we play?
The play is in Marin County at the clubs and parks that field teams at your level. There will be both home and away matches.
3. Is it singles or doubles?
It is both singles and doubles. Each match will be 3 doubles and 2 singles.
4. If it is doubles, do I play with the same partner?
That depends upon the player and the captain of the team. There is a lot of communication that goes on between the captain and the players as far as whom plays with whom.
5. How often do we play?
Typically, there is one match per week. There may be some bye weeks depending upon how many teams there are at your level.
6. Do I have to play all the matches?
No, there will be enough players on each team that you do not need to be available for every match. Sometimes, it comes down to who is available when.
7. Do I have to be rated?
Yes. It is now a self rating program. This is done by going to the ustanorcal.com as well. One of the pros at the RRC can help direct you as to what your level is if you are uncertain.
8. What if I don't know my rating?
Go to the website, go to leagues, adults, to the box with everything you need to know and then click on self rating. It will direct you step by step.
9. Do we practice?
It depends upon the team. Some do and some don't have regular practices. Any of the pros are available to help coach your team.
10. Is it ultra-competitive or casual?
That depends upon the team's philosophy. Normally at the beginning of the season the team will get together and figure out what their goal is.
11. Age requirements?
The minimum age is 19 prior to or during the calendar year in which the player plays in his or her first local match.
12. What are the eligibility requirements?
You must join the USTA (available at the website). When you join you automatically start receiving Tennis magazine for the year. Must have a valid rating no higher than the skill level of the team
13. Will I always be at this level?
There are benchmark players (in the computer) and based upon your results in your matches, you may stay the same, move up or down at the end of the season.
14. What if there is not a team at my level?
We make every effort to offer teams for everyone. We have done combo teams with other clubs if we do not have enough to field a team at a particular level.

More questions? Call Lisa at (415) 456-1837 or email her at lberg@rafaelracquetclub.com.