

RRC Pool Schedule: April 28-May 26

Monday & Wednesday						Diving
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Well	
6:00						
6:10						
6:20						
6:30						
6:40						
6:50						
7:00						
7:10						
7:20						
7:30						
7:40						
7:50						
8:00						
8:10	Lap Swim Only	Lap Swim Only				
8:20	Lap Swim Only	Lap Swim Only				
8:30			Lap Swim Only	Lap Swim Only	Lap Swim Only	
8:40			Lap Swim Only	Lap Swim Only	Lap Swim Only	
8:50			Lap Swim Only	Lap Swim Only	Lap Swim Only	
9:00						
9:10						
9:20						
9:30						
9:40						
9:50						
10:00						
10:10						
10:20						
10:30						
10:40						
10:50						
11:00						
11:10						
11:20						
11:30						
11:40						
11:50						
12:00						
12:10	Rec Swim					
12:20	Rec Swim					
12:30						
12:40						
12:50						
1:00						
1:10						
1:20		Rec Swim				
1:30			Rec Swim	Rec Swim		
1:40			Rec Swim	Rec Swim		
1:50						
2:00						
2:10						
2:20						
2:30	Lessons					
2:40						
2:50						
3:00						
3:10						
3:20						
3:30						
3:40						
3:50						
4:00					Rec Swim	
4:10						
4:20						
4:30						
4:40						
4:50						
5:00	Marlins	Marlins	Marlins	Marlins		
5:10						
5:20						
5:30						
5:40						
5:50						
6:00						
6:10						
6:20						
6:30						
6:40						
6:50						
7:00						
7:10						
7:20	Lap Swim Only	Lap Swim Only	Lap Swim Only		Rec Swim	
7:30						
7:40						
7:50						
8:00						
8:10						
8:20						
8:30						

Tuesday & Thursday						Diving
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Well	
6:00						
6:10						
6:20						
6:30						
6:40	Lap Swim Only	Lap Swim Only	Lap Swim Only	Lap Swim Only		
6:50						
7:00						
7:10						
7:20						
7:30						
7:40						
7:50						
8:00	Water Gym	Water Gym	Water Gym	Water Gym		
8:10						
8:20						
8:30						
8:40	Water Gym	Water Gym	Water Gym	Water Gym	Lap Swim Only	
8:50						
9:00						
9:10						
9:20						
9:30						
9:40	Lap Swim Only	Lap Swim Only				
9:50						
10:00						
10:10						
10:20						
10:30			Lap Swim Only	Lap Swim Only		
10:40						
10:50						
11:00						
11:10						
11:20						
11:30						
11:40						
11:50						
12:00						
12:10	Rec Swim					
12:20	Rec Swim					
12:30						
12:40						
12:50						
1:00						
1:10						
1:20		Rec Swim				
1:30			Rec Swim	Rec Swim		
1:40			Rec Swim	Rec Swim		
1:50						
2:00						
2:10						
2:20						
2:30	Lessons					
2:40						
2:50						
3:00						
3:10						
3:20						
3:30						
3:40						
3:50						
4:00					Rec Swim	
4:10						
4:20						
4:30						
4:40						
4:50						
5:00	Marlins	Marlins	Marlins	Marlins		
5:10						
5:20						
5:30						
5:40						
5:50						
6:00						
6:10						
6:20						
6:30						
6:40						
6:50						
7:00						
7:10						
7:20	Lap Swim Only	Lap Swim Only	Lap Swim Only		Rec Swim	
7:30						
7:40						
7:50						
8:00						
8:10						
8:20						
8:30						

FRIDAY						Diving
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Well	
6:00						
6:10						
6:20						
6:30						
6:40						
6:50						
7:00						
7:10						
7:20						
7:30						
7:40						
7:50						
8:00						
8:10	Lap Swim Only	Lap Swim Only				
8:20						
8:30						
8:40			Lap Swim Only	Lap Swim Only	Lap Swim Only	
8:50						
9:00						
9:10						
9:20						
9:30						
9:40						
9:50						
10:00						
10:10						
10:20						
10:30						
10:40						
10:50						
11:00						
11:10						
11:20						
11:30						
11:40						
11:50						
12:00						
12:10	Rec Swim					
12:20	Rec Swim					
12:30						
12:40						
12:50						
1:00						
1:10						
1:20		Rec Swim				
1:30			Rec Swim	Rec Swim		
1:40			Rec Swim	Rec Swim		
1:50						
2:00						
2:10						
2:20						
2:30	Lessons					
2:40						
2:50						
3:00						
3:10						
3:20						
3:30						
3:40						
3:50						
4:00					Rec Swim	
4:10						
4:20	Marlins	Marlins	Marlins	Marlins		
4:30						
4:40						
4:50						
5:00						
5:10						
5:20						
5:30						
5:40						
5:50						
6:00						
6:10						
6:20	Lap Swim Only	Lap Swim Only	Lap Swim Only		Rec Swim	
6:30						
6:40						
6:50						
7:00						
7:10						
7:20						
7:30						
7:40						
7:50						
8:00						
8:10						
8:20						
8:30						

SATURDAY						Diving
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Well	
6:00						
6:10						
6:20						
6:30						
6:40						
6:50						
7:00						
7:10						
7:20						
7:30						
7:40	Lap Swim Only	Lap Swim Only	Lap Swim Only	Lap Swim Only	Lap Swim Only	
7:50						
8:00						
8:10						
8:20						
8:30						
8:40						
8:50						
9:00						
9:10						
9:20						
9:30						
9:40						
9:50						
10:00	Water Gym	Water Gym	Water Gym	Water Gym		
10:10						
10:20						
10:30						
10:40						
10:50						
11:00						
11:10						
11:20						
11:30						
11:40						